

PuSh International Performing Arts Festival

January 17–February 3, 2019 | pushfestival.ca

Relaxed Performances are specifically designed to welcome people who will benefit from a more relaxed performance environment, including (but certainly not limited to) people on the Autism Spectrum, people with sensory and communication disorders, neurological disorders or a learning disability. Many people feel that relaxed performances offer a more dynamic theatrical experience, which benefits everyone.

What does a relaxed performance entail?

→ **We create a visual story for the venue**

- a guide to the venue with many pictures specially designed for people with autism but helpful for anyone

→ **We create a visual story of the show**

- a guide to the show with pictures of all the performers
- a complete breakdown of the show; basically, what will happen from beginning till end

→ **The show itself is adjusted**

- it's never completely dark (there is always some light in the audience)
- sound and light are adjusted to a lower or less intense level
- no strobe lights or fast flashing lights

→ **Regular "rules" of going to theatre don't need to be observed**

- no shushing, it is ok to make noise
- if people feel like reacting, that is ok
- it is ok to move around and fidget or get up

→ **There is a chill-out space to relax** if the show is too intense, if possible with a video feed of the show.

These are this year's relaxed performances:



AHURI THEATRE (CANADA)

THIS IS THE POINT

Jan 29 - Feb 2 | Historic Theatre, The Cultch

From \$24 | Group Rate From \$16.80

Presented with The Cultch

This "play about love, sex, and disability" runs the gamut from joyous celebration to unflinching drama. It paints a collective portrait of people whose lives have been touched by cerebral palsy.

This show is **Extra Live**, so **all performances** are relaxed.



WHY NOT THEATRE (CANADA)

PRINCE HAMLET

Jan 23-27 | Frederic Wood Theatre | \$39 | Group Rate \$28

Presented with UBC Theatre and Film

Shakespeare's classic gets the update it needs in this wildly inventive production. With integrated English and American Sign Language, it is uniquely accessible to both hearing and deaf audiences.

Relaxed performance **Sunday January 27th at 1:30pm**



BUDDIES IN BAD TIMES (CANADA)

KIINALIK: THESE SHARP TOOLS

Jan 30-Feb 2 | Performance Works

\$39 | Group Rate \$31.20

Presented with Touchstone Theatre

A concert, a conversation, and a multimedia performance. Embodying the stories of their heritage, two storytellers give voice to the histories, culture, and climate we've inherited.

Relaxed performance on **Friday February 1st at 7pm**

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The following shows are not relaxed performances but might be more welcoming for people who benefit from relaxed performances.



SELINA THOMPSON (UK)

RACE CARDS

Jan 23–Feb 2 from 12 - 8PM | Exhibition Hall, Roundhouse Community Arts & Recreation Centre | FREE

A room containing 1000 questions about race. You're invited to answer one of them and copy one to take away with you.

This installation is free to visit
It takes place in a relaxed environment



MARGINAL CONSORT (JAPAN)

MARGINAL CONSORT

Jan 20 | Performance Works | \$39 | Group Rate \$28.20

Four musicians come with enough instruments for an orchestra. For three hours they make ambient music, far apart and fully independent of each other.

Listeners are free to sit, lie down, move around or come and go

- Accessible seating can be reserved
- Complimentary tickets for companions are available for Access2 cardholders
Call our box office at 604.449.6000
- We have great offers available for group bookings saving up to 30%

For full details and to discuss accessibility needs contact:

Accessible PuSh Coordinator, Anika Vervecken

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